

REGISTRATION FORM

Join Horses of Hope and Dr. Tim Shurtleff for a day at the barn. Dress is very casual. Class will be held in the comfortable gathering (air-conditioned) room with a view of the indoor arena.

(Please type or print clearly for certificate)

Name: _____

Address: _____

Phone: _____

Email: _____

License Number: _____

Please let us know in advance of any dietary restrictions

**Deadline for Registration is
Monday, August 9th**

**Seminar ~ \$100
7 CEU's approved by
Arkansas Board of Physical Therapy**

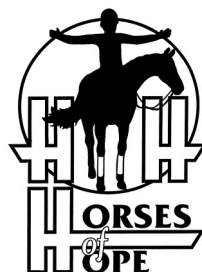
Make checks payable &
mail with this form to:

**Horses of Hope - Missouri, Inc.
55 Kelly Rd
Buffalo, MO 65622**

Credit cards accepted on line at
www.horsesofhope.com

Registration forms can printed on-line and
faxed to 417-345-0131

or registration information can be
e-mailed to barbaracovert@gmail.com



HORSES OF HOPE -MISSOURI, INC.

55 Kelly Road
Buffalo, MO 65622
www.horsesofhope.com

Phone: 417-345-5210

Fax: 417-345-0131

E-mail: barbaracovert@gmail.com

HORSES OF HOPE -MISSOURI, INC.

*Is excited to host
a continuing education class
presented by*

**TIM L. SHURTLEFF,
OTD, OTR/L**

WASHINGTON UNIVERSITY SCHOOL OF MEDICINE



**HIPPOTHERAPY
RESEARCH & TECHNIQUES**



**August 14, 2010
9:00 AM - 4:00 PM**

SATURDAY, AUGUST 14, 2010

- 8:45AM ~ Registration
- 9:00AM - 12:00PM ~ Lecture & Discussion
- 12:00PM - 12:30PM ~ Lunch (Provided)
- 12:30PM - 4:30PM ~ Lecture & Discussion

Intended Audience

This course is intended for occupational therapists, occupational therapy assistants, physical therapists, physical therapy assistants, speech language pathologists and students of the above disciplines. However, all health care professionals are welcome!

How can a Horse Improve Therapy Outcomes?

The American Hippotherapy Association (AHA) has defined Hippotherapy as “a term that refers to the use of the movement of the horse as a tool to address impairments, functional limitations, and disabilities in patients with neuromusculoskeletal dysfunction. This tool is used as part of an integrated treatment program to achieve functional outcomes.” (AHA, 2000)

Because the horse’s gait is similar to the human walk, riding strengthens and supports the natural motion of the spine and pelvis. This repetitive motion helps balance, coordination, strength, and muscle tone as it gently mobilizes the joints. In addition, riding and interaction with the horse fosters self-confidence and motivation.

COURSE DESCRIPTION

The purpose of this workshop is to define and explore Equine Assisted Activities and Therapies (EAA/T) with a focus on Hippotherapy (HPOT). Dr. Shurtleff will present the latest research on Hippotherapy conducted by The Human Performance Laboratory at the Program in Occupational Therapy of Washington University School of Medicine (St. Louis, MO).



COURSE OBJECTIVES

- Describe (EAA/T) Equine Assisted Activities and Therapies, including Hippotherapy.
- Identify clinical populations and conditions for which Hippotherapy may be beneficial.
- Develop treatment plans using Hippotherapy in a treatment program.
- Explain research on Hippotherapy and the importance of further study.
- Identify issues and dilemmas facing Hippotherapy as a recognized and beneficial treatment strategy.

DR. TIM L. SHURTLEFF

Tim Shurtleff received an OTD from the Program in Occupational Therapy at Washington University School of Medicine (WUOT) in 2006 where he teaches OT and is part of the Human Performance Laboratory. He was the first recipient of an HHRF research grant and also received a grant from the American Hippotherapy Association to complete a pilot study upon which the HHRF grant application was based (published in Archives of Physical Medicine and Rehabilitation in July 2009).

Tim’s interest in EAA/T started in 1990 when his wife, Charla, started a Therapeutic Riding center on their farm in Missouri. At first Tim volunteered (cheep barn help), then became much more involved and became certified with NARHA as a riding and driving instructor.

In 2001, he decided to pursue a degree in OT while focusing research efforts on evidence for Hippotherapy. Prior to this, Tim worked as an internal and external organization effectiveness consultant doing strategic organization redesign, team building and other efforts to improve client effectiveness. This earlier work began after receiving a master’s degree in organizational behavior in 1976. Tim and Charla have four children, five grandchildren, a few horses and other assorted critters.